

Long Black Train

Easy Intermediate Music: Josh Turner/ CD-Long Black Train/ASIN: B0000DD555
Choreo: Stacy McWethy Greenfield, IN 317-467-0156 IDFStudio@aol.com

Wait 8 beats start with Left foot

Sequence: A-Bridge-A-B-Bridge*-A-B-Break-A-B-Bridge-Ending

Part A

Vine DS T(xib) S H S T(xib) S
 L R R L L R R
Train R S(f) R S(b) R S(f) R S(b)
 (Turn 1/4 L) L R L R L R L R
Triple DS DS DS RS
 L R L RL
Push-off DS RS RS RS (turn 3/4 R)
 (Turn 3/4 R) R LR LR LR
REPEAT TO FACE FRONT - add 2 RS to push-off

Bridge

2 Kicks DS Kick DS Kick
 L R R L

Part A

Vine
Train (Turn 1/4 L)
Triple
Push-off (turn 3/4 R)
REPEAT TO FACE FRONT - add 2 RS to push-off

Part B

Rocking Chair DS BrUp DS RS
 L R R LR
Heel Walk H S H S H S H S - move arms up and down on each heel walk
 (moving fwd) L L R R L L R R
REPEAT ROCKING CHAIR & HEEL WALKS
4Basics DS RS DS RS DS RS DS RS
 (Backwards) L RL R LR L RL R LR
Really Fancy Double DS DS RS RS RS RS
 L R LR LR LR LR

Bridge*

4 Kicks

Part A

Vine
Train (Turn 1/4 L)
Triple
Push-off (turn 3/4 R)
REPEAT TO FACE FRONT - add 2 RS to push-off

Part B

Rocking Chair
Heel Walk (moving fwd)
REPEAT ROCKING CHAIR & HEEL WALKS
4Basics (Backwards)
Really Fancy Double

Long Black Train

Break

Thing DS Dbl(ots) RS(xif) RS(xif)
L R RL RL
Triple DS DS DS RS
(Turn 3/4 R) R L R LR

REPEAT 3 TIMES TO MAKE A BOX - Add 2 RS to Last Triple

Part A

Vine
Train (Turn 1/4 L)
Triple
Push-off (turn 3/4 R)
REPEAT TO FACE FRONT - add 2 RS to push-off

Part B

Rocking Chair
Heel Walk (moving fwd)
REPEAT ROCKING CHAIR & HEEL WALKS
4Basics (Backwards)
Really Fancy Double

Bridge

2 Kicks

Ending

4 Basics
Really Fancy Double
2 Kicks
Rocking Chair
6 Heel Walks
2 Basics
2 Steps (arms down)

Slowly bring your arms up on the last "Tttrrrraaaaiiiiiinnn"